

# Tennis World Marrara Program Timetable



**Social Leagues**  
Included In Silver & Gold memberships  
Fast 4 Tennis format



**Fitbit Cardio Tennis**  
Included In Silver & Gold memberships  
\$20 per casual session  
Classes run for 45 minutes



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Morning						<b>HS Blue Ball</b> 8:30am-9:00am  <b>HS Red Ball</b> 8:30am-9:00am		
						<b>HS Red Ball</b> 9:00am-9:30am  <b>HS Orange</b> 9:30am-10:30am  <b>Cardio Tennis Play</b> 9.00am – 9.45pm  <b>Cardio Tennis Play</b> 9.45am – 10.30am		
						<b>Junior Group Coaching</b> 10:30am-11:30am  <b>HS Green Ball</b> 10:30am- 11:30am		
						<b>Junior Development Squad</b> 11:30am -1:00pm		
Evening	<b>Private Lessons</b> <b>HS Orange</b> 4:00pm-5:00pm  <b>HS Green Ball</b> 4:00pm-5:00pm	<b>Private Lessons</b>  <b>HS Blue Ball</b> 4:00pm-4:30pm  <b>HS Red Ball</b> 4:00pm-4:30pm	<b>Private Lessons</b> <b>HS Orange</b> 4:00pm-5:00pm  <b>HS Green Ball</b> 4:00pm-5:00pm	<b>Private Lessons</b>  <b>HS Blue Ball</b> 4:00pm-4:30pm  <b>HS Red Ball</b> 4:00pm-4:30pm	<b>Private Lessons</b>  <b>HS Red Ball</b> 4:00pm-4:30pm  <b>HS Orange</b> 4:00pm-5:00pm			
	<b>HS Orange</b> 4:00pm-5:00pm  <b>HS Green Ball</b> 4:00pm-5:00pm  <b>Junior Development Squad</b> 4:30pm-6:00pm  <b>Junior Group Coaching</b> 5:00pm-6:00pm  <b>Private Lessons</b>	<b>HS Blue Ball</b> 4:30pm-5:00pm  <b>HS Red Ball</b> 4:30pm- 5:00pm  <b>HS Orange</b> 4:30pm-5:30pm	<b>HS Orange</b> 4:00pm-5:00pm  <b>HS Green Ball</b> 4:00pm-5:00pm  <b>Junior Development Squad</b> 4:30pm-6:00pm	<b>HS Blue Ball</b> 4:30pm-5:00pm  <b>HS Red Ball</b> 4:30pm- 5:00pm  <b>HS Orange</b> 4:30pm-5:30pm	<b>HS Green Ball</b> 4:00pm-5:00pm  <b>Junior Development Squad</b> 4:30pm-6:00pm			
	<b>Adult Beginner</b> 6:00pm-7:00pm  <b>Cardio Tennis Play</b> 6.00pm – 6.45pm  <b>Adult Intermediate</b> 7:00pm-8:00pm  <b>Private Lessons</b>	<b>Junior Development Squad</b> 5:30pm-7:00pm  <b>Private Lessons</b>  <b>Social Leagues</b> 6:30pm – 10:30pm	<b>Adult Beginner</b> 6:00pm-7:00pm  <b>Cardio Tennis Active 8</b> 6.00pm – 6.45pm  <b>Adult Intermediate</b> 7:00pm-8:00pm  <b>Private Lessons</b>	<b>Junior Development Squad</b> 5:30pm-7:00pm  <b>Private Lessons</b>  <b>Social Leagues</b> 6:30pm – 10:30pm	<b>Cardio Tennis Play</b> 6.00pm – 6.45pm  <b>Cardio Tennis Active 8</b> 6.45pm – 7.30pm			

