

Tennis World Darwin Program Timetable



Social Leagues
Included In Silver & Gold memberships
Fast 4 Tennis format



Fitbit Cardio Tennis
Included In Silver & Gold memberships
\$20 per casual session
Classes run for 45 minutes



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Morning						HS Blue Ball 8:30am-9:00am HS Red Ball 8:30am-9:00am		
						HS Red Ball 9:00am-9:30am HS Orange 9:30am-10:30am Cardio Tennis Play 9.00am – 9.45pm Cardio Tennis Play 9.45am – 10.30am		
						Junior Group Coaching 10:30am-11:30am HS Green Ball 10:30am- 11:30am		
						Junior Development Squad 11:30am -1:00pm		
Evening	Private Lessons HS Orange 4:00pm-5:00pm HS Green Ball 4:00pm-5:00pm	Private Lessons HS Blue Ball 4:00pm-4:30pm HS Red Ball 4:00pm-4:30pm	Private Lessons HS Orange 4:00pm-5:00pm HS Green Ball 4:00pm-5:00pm	Private Lessons HS Blue Ball 4:00pm-4:30pm HS Red Ball 4:00pm-4:30pm	Private Lessons HS Red Ball 4:00pm-4:30pm HS Orange 4:00pm-5:00pm			
	HS Orange 4:00pm-5:00pm HS Green Ball 4:00pm-5:00pm Junior Development Squad 4:30pm-6:00pm	HS Blue Ball 4:30pm-5:00pm HS Red Ball 4:30pm- 5:00pm HS Orange 4:30pm-5:30pm	HS Orange 4:00pm-5:00pm HS Green Ball 4:00pm-5:00pm Junior Development Squad 4:30pm-6:00pm	HS Blue Ball 4:30pm-5:00pm HS Red Ball 4:30pm- 5:00pm HS Orange 4:30pm-5:30pm	HS Green Ball 4:00pm-5:00pm Junior Development Squad 4:30pm-6:00pm			
	Junior Group Coaching 5:00pm-6:00pm Private Lessons	HS Green Ball 5:00pm- 6:00pm Junior Group Coaching 5:00pm-6:00pm	Junior Group Coaching 5:00pm-6:00pm Private Lessons	HS Green Ball 5:00pm- 6:00pm Junior Group Coaching 5:00pm-6:00pm	Junior Group Coaching 5:00pm-6:00pm Private Lessons			
	Adult Beginner 6:00pm-7:00pm Cardio Tennis Play 6.00pm – 6.45pm	Junior Development Squad 5:30pm-7:00pm Private Lessons	Adult Beginner 6:00pm-7:00pm Cardio Tennis Active 8 6.00pm – 6.45pm	Junior Development Squad 5:30pm-7:00pm Private Lessons	Cardio Tennis Play 6.00pm – 6.45pm Cardio Tennis Active 8 6.45pm – 7.30pm			
	Adult Intermediate 7:00pm-8:00pm Private Lessons	Social Leagues 6:30pm – 10:30pm	Adult Intermediate 7:00pm-8:00pm Private Lessons	Social Leagues 6:30pm – 10:30pm				

