

CONGRATULATIONS ON JOINING THE TENNIS FAMILY!

It is with great pleasure that we welcome you to Tennis World, proudly offering seven premium fitness centres across Australia hosting exciting programs and social leagues to players of all skill levels. You are now a part of a friendly community of players who have a fantastic opportunity playing tennis and keeping active at world class facilities. Tennis World operates across seven sites nationally including, Melbourne Park and Albert Reserve, Sydney Olympic Park, Canberra Tennis Centre, Millswood Tennis Centre, Launceston Tennis Centre and Darwin Tennis Centre.

At Tennis World, we offer a large variety options to play and improve your tennis through our Coaching, Programs and Memberships. Never miss a shot as we keep you updated through our quarterly newsletters and SMS reminders.

Now, let's get you on court!

TENNIS WORLD ID CARD

Your Tennis World ID card must be presented and scanned at reception upon each visit. You will receive your ID card when you pick up your membership package.

ONLINE BOOKINGS & COURT HIRE

As a coaching student or member, you have access to our online booking portal. Using the online portal, you can quickly and easily book Court Hire, Programs, manage your payments and make changes to your bookings. Visit tennisworld.net.au and log in using the below credentials:

LOGIN

Username: **the email provided upon signing up**
Temporary password: **twmember**

Key Information

- Cardio Tennis classes can be booked up to a maximum of 2 weeks in advance
- An extra class may be booked on the day only via the Tennis World reception if a space is available
- Guest fee for non-members to be paid at reception before play (check your home venue for pricing)
- Court hire bookings available based on level of membership

MEMBERSHIP PACKS

In this membership pack, you will see a number of vouchers for you to use throughout your membership – they don't expire. Silver members get four guest player passes, three Cardio Tennis passes and one voucher offering 50% off a private coaching lesson. Gold members get eight guest player passes, six Cardio Tennis passes and two vouchers with 50% of a private lesson.

Guest Player Passes

All members are welcome to bring guests to play! The more people hitting the ball, the better. Guests only need to pay \$12 to gain access to the courts and in Darwin, \$6. The guest players pass offer free access to our Tennis World courts for any non-member.

Cardio Tennis Passes

If you are looking for a hitting partner or are just keen to stay fit and healthy, Cardio Tennis is a great option. Silver and Gold members can trial Cardio Tennis themselves or give someone else the opportunity to try it.

Private Lesson Voucher

If you are playing some tennis and feel a little bit out of your depth or just want to improve, maybe try out a private lesson. In this membership pack, you will find a voucher offering 50% off a private lesson. Save up to \$50 on a lesson.

CANCELLATION & SUSPENSION

All cancellations require a 14 day notice period and must be emailed to your home venue. You can suspend your membership for a minimum period of 14 days and a maximum of 90 days (unless a medical certificate is provided) in any calendar year. Unless a medical certificate is provided, a suspension fee of \$4.62 per fortnight applies.

COACHING

Although coaching is not included in our membership, you will receive 10% off your group coaching sessions and have the option of entering a social league which, depending on your membership type, can include additional benefits such as free court hire.

PARKING

Melbourne Park – Parking is available at the National Tennis Centre Entrance D Car Park (parking ticket to be validated at reception by one of our staff members).

Albert Reserve – Parking is available on Hanna Street.

Sydney Olympic Park – Parking is available off Rod Laver Drive

Launceston Tennis Centre – Onsite parking

Millswood Tennis Centre – Limited street parking but a small parking lot inside the entry

COACHING

ANZ Tennis Hot Shots	Designed specifically for kids aged 12 and under. Using modified equipment, kids progress through four stages Blue, Red, Orange and Green.
Junior Group Coaching	Coaches develop the technical skills of players through drills, technical analysis and match play.
Junior Development Squad	Designed for students aiming to transition from Junior Group Coaching into the Performance Programs.
Performance Squad	Squads involve highly intensive on-court training sessions. With a focus on all areas of advanced tennis development including mental strength, technique, match play strategy and fitness.
Adult Groups	Catered to all levels, group coaching is the perfect way to improve your skills while having fun.
Private Lesson	A one on one session available to players of all ages and standards.

SCHOOL HOLIDAY CAMPS

Tennis World school holiday Camps help keep children active during the holidays by engaging them in on and off court activities.

Junior Holiday Camps aim to include all participants in a variety of fun and engaging activities including; ANZ Tennis Hot Shots (introduction to tennis), soccer, football, various group activities and games, and may include a movie session at the end of each day (some venues only).

Junior Camps help players work on their technique with an introduction to match play scenarios. **Performance Camps** work on developing competitiveness through intense training, high-intensity drills and focuses on improving physical and mental toughness, through challenges and tactical adjustment in high-level match play.

Each Tennis World venue runs a slightly different program, ensure you check your home venue for the exact program and description.

- Junior Holiday camps 4 -10-year-old age groups (Beginner - ANZ Tennis Hot Shots)
- Junior Camps 11 -16 (Beginner to Intermediate)
- Performance Camps 11 - 16 (Intermediate to Advanced)

PROGRAMS

Cardio Tennis	Cardio Tennis is a tennis workout program catering to all fitness levels. Our Tennis World coaches bring together a variety of cardio workouts, a range of fun tennis drills paired with a high-energy soundtrack to keep you moving. The program provides a great opportunity to have a good hit while keeping your heart rate up!
Adult Social Play	Adult Social Play allows anyone to play casually against others of the same standard. The competition is structured in a round robin format. Meaning, every player gets multiple matches.
Social Leagues	Social Leagues - Organised social match play for all standards. ANZ Tennis Hot Shots Match Play - A fun and social way for kids to get into team tennis. It is played at Red Stage, Orange Stage and Green Stage level. Kids will learn the basics of game play, as well as scoring and court etiquette. Weekend Competitions - Play for Tennis World against other tennis clubs around your venue in a home and away fixture.
Tournaments	Tennis World hosts a variety of different tournaments to suit different players, skill levels and age groups. Tournaments include; Australian Money Tournament (AMT), Junior Tournaments (JT), Switch Tournaments, Junior Classics and the round robin series events.
Gymnasium	Melbourne Park – two Gymnasiums located on level 2 of the National Tennis Centre under Margaret Court Arena. Sydney – One Gymnasium located on the ground floor, under Tennis NSW office. Programs available include; Group classes (Boxing, Circuit Training & Boot camp) as well as Personal Training & Group Training available.

Check your home venue for a full breakdown of available programs and timetables.

If you have downloaded this online, don't forget to pick up your membership pack and ID card next time you're at Tennis World!

Visit our FAQs here.