

Sydney Olympic Park Timetable



Mon	Tue	Wed	Thu	Fri	Sat	Sun
					Junior Dev Squad 7.30pm – 9.00am	Red Stage 1 9.00am – 9.30am
					Green Stage 1 8.00am – 9.00am	Red Stage 2 9.00am – 9.30am
					Red Stage 1 8.00am – 8.30am	Orange Stage 1 10.00am – 11.00am
					Red Stage 2 8.00am – 8.30am	Green Stage 1 11.00am – 12.00pm
					Junior Group 2 8.00am – 9.00am	Adult Stage 1 12.00pm – 1.00pm
					Blue Stage 8.30am – 9.00am	
					Red Stage 2 8.30am – 9.00am	
					Orange Stage 2 9.00am – 10.00am	
					Orange Stage 3 9.00am – 10.00am	
					Red Stage 1 9.00am – 9.30am	
					Red Stage 2 9.00am – 9.30am	
					Green Stage 2 9.00am-10.00am	
					Green Stage 1 9.30am – 10.30am	
				Blue Stage 4.00pm – 4.30pm	Junior Group 2 10.00am – 11.00am	
				Red Stage 1 4.00pm – 4.30pm	Green Stage 2 10.00am – 11.00am	
				Red Stage 2 4.30pm – 5.00pm	Red Stage 1 10.00am – 10.30am	
Orange Stage 1 5.00-6.00pm				Orange Stage 1 4.30pm – 5.30pm	Red Stage 2 10.00am – 10.30am	
Green Stage 2 5.00pm – 6.00pm		Blue Stage 4.00pm – 4.30pm		Orange Stage 2 4.30pm – 5.30pm	Orange Stage 1 10.30am – 11.30am	
Red Stage 1 5.00pm – 5.30pm	Orange Stage 1 4.30pm – 5.30pm	Orange Stage 2 4.00pm – 5.00pm		Red Stage 2 4.30pm – 5.00pm	Red Stage 2 10.30am – 11.00am	
Red Stage 2 5.30pm – 6.00pm	Red Stage 2 4.30pm – 5.00pm	Red Stage 1 4.30pm – 5.00pm		Junior Dev Squad 5.00pm – 6.30pm	Orange Stage 1 11.00am – 12.00pm	
Junior Group 2 6.00pm – 7.00pm	Orange Stage 2 5.00pm – 6.00pm	Red Stage 2 5.00pm – 5.30pm	Red Stage 1 4.00pm – 4.30pm	Green Stage 2 5.30pm – 6.30pm	Orange Stage 2 11.00am – 12.00pm	
Junior Dev Squad 6.00pm – 7.30pm	Junior Dev Squad 5.00pm – 6.30pm	Green Stage 2 5.00pm – 6.00pm	Green Stage 2 5.00pm – 6.00pm	Junior Group 1 5.30pm – 6.30pm	Blue Stage 11.30am – 12.00pm	
Performance Squad 6.00pm – 8.00pm	Green Stage 2 6.00pm – 7.00pm	Junior Dev Squad 5.30pm – 7.00pm	Orange Stage 1 5.00pm – 6.00pm	Junior Group 2 5.30pm – 6.30pm	Red Stage 1 12.00pm – 12.30pm	
Adult Stage 1 7.30pm – 8.30pm	Performance Squad 6.00pm – 8.00pm	Junior Group 1 6.00pm – 7.00pm	Junior Dev Squad 6.00pm – 7.30pm	Junior Group 1 6.30pm – 7.30pm	Red Stage 2 12.00pm – 12.30pm	
Adult Stage 2 8.00pm – 9.00pm	Adult Stage 2 7.00pm – 8.00pm	Adult Stage 1 8.00pm – 9.00pm	Adult Stage 1 7.30pm – 8.30pm	Adult Stage 1 7.30pm – 8.30pm	Red Stage 1 12.30pm – 1.00pm	

Please Note: Class Times are subject to change & availability. These classes should be used as a guide only.